

Lunch Buffet Menu

MEMBER PRICE - \$20, NON-MEMBER - \$27

MONDAY

Ras al Hanout Chicken (TB)
Ras al Hanout Tofu (SY)
Harissa Lentils (VG, TB)
Roasted Cauliflower (VG, TB)
Coconut Lentil Soup (VG)
Chana Masala Soup (VT, SY, SU)

TUESDAY

Chicken Katsu with Sauce (WH, CG, FI, SY)
Portabella Katsu (TB, EG, WH, CG)
Steamed Rice (VG, TB)
Stir Fry Vegetables (TB, VT)
Kale & Sweet Potato Soup (VG, SU)
Chicken Congee (SY, SU)

WEDNESDAY

Meat Lasagna (MI, EG, WH, CG)
Sweet Potato and Spinach Lasagna (VT, MI, EG, WH, SY, CG)
Cheesy Garlic Bread (MI, WH, CG, VT, SU)
Sauteed Seasonal Vegetable (VG, TB)
Tomato Rosemary Soup (VG, SY)
Potato Bacon Soup (MI, WH, SY, CG)

THURSDAY

Maple Roasted Turkey
Fall Vegetable Casserole (VT, MI, WH, SY, CG)
Mashed Potatoes (MI, VT)
Roasted Broccoli (VG)
Vegan Chili (VG)
Chicken Noodle Soup (EG, WH, CG, SU)

FRIDAY

Beef Birria with Consomme Calabacitas (MI, VT) Spanish Rice (MI, SY) Charro Beans (SY, VG, SU) Poblano Corn Chowder (MI, WH, CG) Pork Pozole

SALAD BAR AND DESSERTS AVAILABLE EVERYDAY

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten, WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame