

# Lunch Buffet Menu

MEMBER PRICE - \$19, NON-MEMBER - \$25

#### **MONDAY**

Chicken Katsu (EG,WH,CG,TB)
Portabella Katsu (EG,WH,CG,TB,VT)
Steamed Rice (VG)
Stir Fry Vegetables (SY,VG,TB)
Miso Soup (FI,SY,SU)

# **TUESDAY**

Beef Birria (WH,SY,CG) Calabacitas (VT,MI,SU) Spanish Brown Rice (SY,VG,SU) Charro Beans (SY,VG,SU) Mexican Simmer Soup (SY, VG)

## WEDNESDAY

Green Chile Meatloaf (MI,EG,WH,SY,CG)
Mushroom Ragout (VG,TB)
Mashed Potatoes (MI,VT)
Corn Succotash (MI,VT)
Chicken Dumpling Soup (WH,CG)
Ice Cream Day!

# **THURSDAY**

Thai Lettuce Wrap Bar (FI,WH,SY,CG,SE)
Condiments
Japchae (SY,SE,VG)
Tom Kha (FI,SY,SE)

### FRIDAY

Lemon Herb Turkey
Vegetable Casserole (MI,WH,SY,CG,VT)
Herb Roasted Potatoes (VG,TB)
Seasonal Vegetables (VG)
Seafood Chowder (MI,FI,SF,WH,CG,SU)

#### **SALAD BAR & DESSERTS AVAILABLE DAILY**

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten,
WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy
SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame