

Lunch Buffet Menu

MEMBER PRICE - \$20, NON-MEMBER - \$27

MONDAY

Harissa Chicken (TB)
Kan Kan Steak (TN)
Jollof Rice (SY,SE,VG)
Harissa Roasted Cauliflower (VG, TB)
East Africa Cabbage Slaw (SY VG)
Coconut Lentil Soup (VG)
Zucchini Basil Soup (VT, SY, SU)

TUESDAY

Crispy Orange Chicken (EG, WH, SY,CG)
Peppered Beef (WH, SY, SE, CG, TB)
Manchurian Tofu (SY, SE, VG)
Kimchi Fried Rice (FI, SY, SE)
Grilled Bok Choy (SY, SE, VG)
Tom Yum Soup (FI)
Chicken Congee (SY, SU)

WEDNESDAY

Classic Beef Stew (MI, EG, WH, SY, CG, TB)
Herb Braised Chicken (WH, CG)
Braised Vegetables (MI, VT)
Egg Noodles (WH,EG)
Roasted Brussels Sprouts (MI, VT)
Roasted Garlic Tomato Soup (VG, SY)
Turkey Susage & Kale Soup

THURSDAY

Seasonal Carved Tri-Tip
Seasonal Carved Vegetables (MI, WH, SY, CG)
Seasonal Carved Turkey
Cauliflower Mashed Potatoes (MI, VT)
Sauteed Seasonal Vegetable (VG)
Red Beans & Rice Soup (SY, VG)
Chicken Noodle Soup (EG, WH, CG)

FRIDAY

Cheese Enchiladas (MI, WH, SY, CG, VT)
Mexican Casserole (MI, WH, SY, CG, VT)
Conchinita Pibil
Spanish Rice (VG, SY)
Charro Beans (SY, VG)
Poblano Corn Chowder (MI, SY, VT)

SALAD BAR, SANDWICH DELI AND DESSERTS AVAILABLE EVERYDAY

VT - Vegetarian, VG - Vegan, MI - Contains Milk, EG - Contains Egg, CG - Contains Gluten, WH - Contains Wheat, SY - Contains Soy, FI - Contains Fish, SF - Contains Shellfish, TB - Heart Healthy SU - Sustainable, TN - Contains Tree Nuts, PN - Contains Peanuts, SE - Contains Sesame